

COLONSAY VISITOR GUIDELINES

Ongoing precautions against COVID-19

“If you are planning to travel to an island we do encourage you to take two lateral flow tests before you depart. The second test should be on the day that you are planning to travel, and the first should be three days before you travel.” *First Minister’s Statement on 20/04/21*. Free test kits are available by post through the government websites. Google: **Gov.uk Lateral Flow Tests**

The Colonsay community asks for your ongoing understanding and co-operation and that you follow these guidelines:

KEEPING INTERACTIONS DOWN: If you have come from or been on the mainland, please follow the guidelines below after arrival on Colonsay.

KEEP YOUR DISTANCE: Please comply with current regulations on physical distancing with anyone outside your household or bubble.

USE YOUR PHONE: Ensure that your phone has the track and trace app, *ProtectScotland*, and that Bluetooth is **ON**.

THE DOCTOR can be seen by appointment only (01951 200328).

WE ARE OPEN FOR BUSINESS: Businesses are listed in the “*Compendium*” booklet which can be picked up from the Old Waiting Room Gallery, Pantry, Hotel, Shop etc. Opening times are listed in *The Colonsay Times* see www.visitcolonsay.co.uk Please comply with any notices before entering a premises.

FOLLOW THE GUIDELINES: Special rules may apply at public or private properties, which will be clearly displayed at the entrance.

BE THOUGHTFUL: Remember to wash your hands thoroughly every time you re-enter your accommodation, use sanitiser at every opportunity. Ensure adequate ventilation in all settings.

VITAL INFORMATION: If any member of your party develops symptoms of Covid-19 whilst on the island, or within a fortnight of departure, telephone 111 and/or the doctor on 01951 200328 (if on the island). If you test positive for Covid-19, contact the Test and Protect number **08000 282816** (details available on [NHSinform.scot](https://www.nhs.uk/inform)). You must also notify your accommodation provider and email details to Colonsay Surgery at colonsay.health@nhs.scot